



The Serpentine Swimming Club
Established 1894
Application for Guest Membership
Season 2022 (Jan 1st to December 31st)

Please complete and hand it to the Warden on duty.
N.B. only one guest membership for an individual is permitted per calendar year

Guest Members must comply with Royal Parks rules, regulations and other requirements as may be in force. These can be viewed on Parks Notice Boards and the Royal Parks website. A hard copy of "The Royal Parks and Other Open Spaces Regulations 1997" is held by the club.

HEALTH WARRANTY "I warrant to the Club that I am sufficiently fit, healthy and able to swim. I understand that it is advisable to swim regularly in cold water in order to develop the necessary habituation during winter months. I shall consult a doctor about any medical condition before swimming."

WAIVER AND ASSUMPTION OF RISK Please read this section carefully before accepting these conditions as part of your guest membership of the Club, as this indicates that you are waiving certain legal rights. By submitting your application you are deemed to agree to the following statement: I hereby affirm that I am well aware of the inherent risk involved with any open water swimming activity, including but not limited to serious injury, heart attack, drowning or accident.

"I accept that I shall swim entirely at my own risk and that there are no lifeguards provided by the Club. I understand and agree that neither the Club nor the Royal Parks authority may be held liable or responsible in any way for any injury, death (save for that arising from negligence) or other loss to myself, my family or heirs that may occur as a result of my membership of the Club or swimming in the Serpentine lake. In consideration of being allowed to become a member of the Club, I hereby personally assume all risks (subject to the above-mentioned limitations) in connection with my membership."

Induction for new swimmer to the Serpentine Swimming Club

I understand and will respect the following rules and regulations:

- 1) I will be considerate to other swimmers
- 2) I will swim clockwise when inside or outside the buoys
- 3) I will not swim beyond the outer limits of red buoy or white buoys.
- 4) The swim area is 200m long – not able to swim to Isis or the bridge.
- 5) I will not swim beyond the midway point of the lake.
- 6) I will bring no bikes in the swim area and keep any dog(s) I bring on lead.
- 7) I will be out of the water by 9.30am and out of the changing room by 10am.
- 8) I will observe rules about proper behaviour in public, inc. indecent exposure and other behaviours that may make other people, over or under 18, feel uncomfortable or threatened.
- 9) Swimmers under the age of 18 remain the responsibility of the adult member who signed their application form.

DEFRA DISCLAIMER STATEMENT Tests over the years have shown that without chemical treatment bacterial contamination can occur in the Serpentine. We are advised that swimming in contaminated water such as untreated Serpentine may render the swimmer open to such diseases as Salmonellosis or Shigellosis (at worst typhoid but more generally stomach upsets); Amoebic dysentery; Poliomyelitis; Infective hepatitis; Sore throats, noses, ears etc. caused by streptococci pseudomonas or staphylococci. These are only some of the possibilities; there are others, including Weil's disease and botulism.

"I have read and understood the contents of this application form. I realise that the water in the Serpentine may be untreated, contaminated and unsuitable for swimming. I accept the risk of injury or infection if I choose to swim there in spite of this warning. I understand the rules of the club, swim times and permitted areas. I confirm that I shall at all times swim entirely at my own risk. I wish to be a guest member of the Serpentine Swimming Club."

I accept that the Constitution and Rules of the Club (as altered from time to time) shall govern my guest membership of the Club.

Name of Member inviting the Guest:

Date:

Name of Guest (capitals):

Emergency contact number of Guest:

Full Address of Guest (including postcode):

Signature of Guest:

Parent/Guardian name and signature if under 18: I accept full responsibility for the safety of this applicant:

Please note that all information provided is subject to the provisions of the Data Protection Act and will only be used for the purposes of dealing with you as a guest member.